



NEWSLETTER 2

FROM STAKEHOLDER INSIGHTS TO PRACTICAL TOOLS

The TechWell project is transforming insights from across Europe into practical resources and innovative tools to promote digital wellbeing in schools.



Thanks to the commitment of educators, school leaders, policymakers, and experts across six countries, we have co-created resources and tools that support healthier and more balanced digital learning environments.



Together, we are building a stronger foundation for digital wellbeing in schools across Europe.

Building the Foundations for Digital Wellbeing in Schools Across Europe

Over the past months, the TechWell project has reached several important milestones. Following the successful completion of stakeholder workshops in six partner countries, the consortium has transformed valuable insights from educators, school leaders, policymakers, and experts into practical educational resources and digital tools. These achievements mark a significant step forward in our mission to help schools create healthier and more balanced digital learning environments.

1

STAKEHOLDER WORKSHOPS SUCCESSFULLY COMPLETED ACROSS EUROPE



Between spring and autumn 2025, national stakeholder workshops were held in six partner countries.



Participants shared valuable perspectives on digital wellbeing, healthy technology use, student wellbeing, and school-level strategies. These insights now shape our practical resources and tools.

2

EDUCATIONAL MATERIALS PUBLISHED IN SIX LANGUAGES



A comprehensive set of educational materials has been developed to help teachers bring digital wellbeing into everyday classroom practice.

- ✓ Teacher Guides
- ✓ Student Worksheets
- ✓ Classroom Activities
- ✓ Reflection Tools
- ✓ Presentation Materials

Available in 6 languages:

Bulgarian
Czech
Greek
English
Hungarian
Italian



Discover and download the materials:
www.techwellproject.eu/educational-materials

3

INTRODUCING THE DIGITAL WELLBEING SUITE



The Digital Wellbeing Suite (DWS) is an interactive online platform offering practical tools and evidence-based guidance for:

- Students
- School Leaders
- Teachers
- Policymakers
- Parents



Explore the platform:
www.techwellproject.eu/digital-wellbeing-suite

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Θέτοντας τα θεμέλια για την ψηφιακή ευημερία στα σχολεία σε όλη την Ευρώπη

Τους τελευταίους μήνες, το πρόγραμμα TechWell έχει επιτύχει διάφορα σημαντικά ορόσημα. Μετά την επιτυχή ολοκλήρωση των εργαστηρίων με τους ενδιαφερόμενους φορείς σε έξι χώρες-εταίρους, η κοινοπραξία μετέτρεψε τις πολύτιμες πληροφορίες που συγκέντρωσε από εκπαιδευτικούς, διευθυντές σχολείων, υπεύθυνους χάραξης πολιτικής σε πόρους και ψηφιακά εργαλεία.

Αυτά τα επιτεύγματα σηματοδοτούν ένα σημαντικό βήμα προόδου στην αποστολή μας να βοηθήσουμε τα σχολεία να δημιουργήσουν πιο υγιή και ισορροπημένα ψηφιακά μαθησιακά περιβάλλοντα.

1

ΕΡΓΑΣΤΗΡΙΑ ΟΛΟΚΛΗΡΩΘΗΚΑΝ ΜΕ ΕΠΙΤΥΧΙΑ ΣΕ ΟΛΗ ΤΗΝ ΕΥΡΩΠΗ



Μεταξύ της άνοιξης και του φθινοπώρου του 2025, διοργανώθηκαν εθνικά εργαστήρια για τους ενδιαφερόμενους φορείς σε έξι χώρες-εταίρους.



Οι συμμετέχοντες μοιράστηκαν πολύτιμες απόψεις σχετικά με την ψηφιακή ευημερία, την υγιή χρήση της τεχνολογίας, την ευημερία των μαθητών και τις στρατηγικές σε σχολικό επίπεδο. Αυτές οι πληροφορίες διαμορφώνουν πλέον τα πρακτικά μας εργαλεία και πόρους.

2

ΕΚΠΑΙΔΕΥΤΙΚΟ ΥΛΙΚΟ ΔΙΑΘΕΣΙΜΟ ΣΕ ΕΞΙ ΓΛΩΣΣΕΣ



Μία ολοκληρωμένη σειρά εκπαιδευτικού υλικού είναι διαθέσιμη για να βοηθήσει τους εκπαιδευτικούς να ενσωματώσουν την ψηφιακή ευημερία στην καθημερινή διδακτική πρακτική.

- ✓ Teacher Guides
- ✓ Student Worksheets
- ✓ Classroom Activities
- ✓ Reflection Tools
- ✓ Presentation Materials

Διαθέσιμο στα:
Βουλγάρικα
Τσέχικα
Ελληνικά
Αγγλικά
Ουγγρικά
Ιταλικά



Δες και κατέβασε το σχετικό υλικό:
www.techwellproject.eu/educational-materials

3

INTRODUCING THE DIGITAL WELLBEING SUITE



Η *Digital Wellbeing Suite* (DWS) είναι μια διαδραστική διαδικτυακή πλατφόρμα που προσφέρει πρακτικά εργαλεία και τεκμηριωμένες οδηγίες για:

- Μαθητές
- Δ/ντές
- Δάσκαλοι
- Διαμορφωτές
- Γονείς
- Πολιτικής



Εξερεύνησε την πλατφόρμα:
www.techwellproject.eu/digital-wellbeing-suite



WHAT'S NEXT?

TechWell is entering the next exciting phase: from planning to implementation. Here's what's ahead!

SEE YOU IN
BUDAPEST!



COMING SOON



INTERNATIONAL PARTNER MEETING IN BUDAPEST

Partners will gather in Budapest to review progress, share results, and finalize preparations for the pilot phase.



FINAL PREPARATIONS FOR SCHOOL-BASED PILOTS

We are finalizing the implementation roadmap, pilot methodology, and support materials for participating schools.



MORE THAN 30 SCHOOLS TO PARTICIPATE ACROSS EUROPE

Schools from all partner countries will test and co-create the TechWell approach in real settings starting in autumn 2026.

KEY OUTCOMES SO FAR



Stakeholder insights collected across six countries



Educational materials published in six languages



Digital Wellbeing Suite launched online



Strong European collaboration and shared vision



Clear roadmap toward pilot implementation



PROJECT COORDINATOR'S MESSAGE

"Thanks to the active participation of hundreds of stakeholders across Europe, we now have the tools and resources to turn digital wellbeing into everyday reality in schools."



Stay tuned for updates, resources, and opportunities to get involved.

TechWell is just beginning—together, we're shaping the future of digital education.

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STAY CONNECTED WITH US

for updates on additional resources, upcoming events,
and opportunities



SCAN FOR MORE

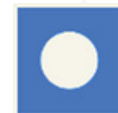


www.techwellproject.eu

Partners



REPUBLIC OF BULGARIA
Ministry of Education and Science



Center for
Educational
Initiatives



DCU

Ollscoil Chathair
Bhaile Átha Cliath
Dublin City University



ΠΑΝΕΠΙΣΤΗΜΙΟ
ΠΑΤΡΩΝ
UNIVERSITY OF PATRAS



National Pedagogical Institute
of the Czech Republic

EDX Hungary
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